

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
ALL Women 40km	1	1	451	SWL	Tam Kietzmann	01.39.29	1	
	2	1	549	VWL	Barbara Mulcahy	01.48.02	1	
	3	2	571	VWL	Joanne Mcleod	01.48.06	1	
	4	2	412	SWL	Melissa Kretzinger	01.51.48	1	
	5	3	437	SWL	Bronwyn Gordon	01.51.56	1	
	6	3	520	VWL	Jenny Mitchell	01.52.43	1	
	7	4	597	VWL	Henda Edwardes	01.52.57	1	
	8	5	405	VWL	Karine Diedericks	01.53.59	1	
	9	4	420	SWL	Rialette Kruger	01.55.13	1	
	10	5	448	SWL	Susan Gerber	01.55.16	1	
	11	6	553	VWL	Fiona Austin	01.55.26	1	
	12	7	406	VWL	Teresa Coetzee	01.56.31	1	
	13	8	614	VWL	Joke Hoffman	01.56.34	1	
	14	9	596	VWL	Christina Du Toit	01.57.34	1	
	15	10	608	VWL	Lisa Wostenholm	01.58.06	1	
	16	11	588	VWL	Angie Terwin	01.58.24	1	
	17	12	414	VWL	Louise Zijp	01.58.25	1	
	18	6	419	SWL	Lisa Czepek	01.58.55	1	
	19	13	502	VWL	Lorraine Milton	01.59.10	1	
	20	14	493	VWL	Simone Sartori	02.00.03	1	
	21	7	410	SWL	Joanne Dover	02.00.05	1	
	22	15	517	VWL	Elmarie Steyn	02.02.41	1	
	23	16	501	VWL	Jennifer Ashe	02.02.52	1	
	24	8	446	SWL	Hayley Rice	02.03.23	1	
	25	17	566	VWL	Angela Teeling-Smith	02.03.35	1	
	26	9	474	SWL	Marinda Engelbrecht	02.03.49	1	
	27	18	543	VWL	Vanessa Steyn	02.04.09	1	
	28	19	564	VWL	Samantha Jordaan	02.05.16	1	
	29	20	496	VWL	Ronel Immelman	02.05.53	1	
	30	21	503	VWL	Annerie Cornelissen	02.06.12	1	
	31	22	589	VWL	Melanie Knowles	02.06.43	1	
	32	23	557	VWL	Nicci Page	02.06.45	1	
	33	10	352	SWL	Caroline Brown	02.08.38	1	
	34	24	561	VWL	Janine Kirchmann	02.08.44	1	
	35	25	526	VWL	Alexandra Hill	02.09.09	1	
	36	26	544	VWL	Heather Holford	02.10.42	1	
	37	27	521	VWL	Kim Koetsier	02.10.45	1	
	38	28	563	VWL	Carli Cooke	02.10.48	1	
	39	29	509	VWL	Sue Stricker	02.11.02	1	
	40	30	519	VWL	Shawne Goetsch	02.11.04	1	
	41	31	578	VWL	Janet Diack	02.11.06	1	
	42	11	440	SWL	Patsy Hime	02.11.08	1	
	43	32	542	VWL	Sandra De Bruyn	02.14.00	1	
	44	33	403	VWL	Heidi Twiss	02.15.29	1	
	45	12	427	SWL	Heidi Christodoulou	02.15.31	1	
	46	34	491	VWL	Anina Borman	02.15.39	1	
	47	35	512	VWL	Carolyn Vlaming	02.15.47	1	
	48	36	607	VWL	Marietha De Villiers	02.16.40	1	
	49	37	554	VWL	Sandra Johannessen	02.17.54	1	
	50	38	599	VWL	Nicky King	02.18.53	1	
	51	13	431	SWL	Elaine Herbst	02.19.05	1	
	52	14	428	SWL	Wilmarie Du Plessis	02.19.07	1	
	53	39	528	VWL	Bev Sinclair	02.19.50	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
	54	15	443	SWL	Elrina De Kroon	02.20.35	1	
	55	40	613	VWL	Kerry Anne Rice	02.20.58	1	
	56	41	556	VWL	Tandi Plant	02.21.07	1	
	57	16	461	SWL	Adele Germishuizen	02.21.13	1	
	58	17	486	SWL	Jacqui Bland	02.22.00	1	
	59	18	432	SWL	Rosie Stubbs	02.22.02	1	
	60	42	511	VWL	Elri Neervoort	02.22.36	1	
	61	43	505	VWL	Emma Lombaard	02.22.39	1	
	62	44	603	VWL	Gillian Ramsden	02.22.41	1	
	63	19	442	SWL	Cara Corden-Lloyd	02.22.43	1	
	64	20	447	SWL	Dee Broodryk	02.22.45	1	
	65	45	492	VWL	May Lewis	02.22.46	1	
	66	46	551	VWL	Hilda Van Niekerk	02.22.48	1	
	67	47	516	VWL	Janie Bekker	02.22.50	1	
	68	48	545	VWL	Marinda Strauss	02.23.14	1	
	69	21	422	SWL	Liane Van Zyl	02.23.18	1	
	70	49	558	VWL	Louise Le Roux	02.23.57	1	
	71	22	467	SWL	Marda Sandenbergh	02.24.06	1	
	72	50	559	VWL	Karen Roos	02.24.08	1	
	73	51	601	VWL	Nicola Hawke	02.24.10	1	
	74	52	560	VWL	Rita Fourie	02.24.12	1	
	75	23	482	SWL	Lynette Biddulph	02.24.19	1	
	76	53	498	VWL	Charmaine Nilsen	02.25.00	1	
	77	54	550	VWL	Geraldine Harris	02.25.08	1	
	78	55	411	VWL	Catherine Ensor	02.25.34	1	
	79	56	539	VWL	Madelein Van Heerden	02.25.45	1	
	80	57	494	VWL	Annamarie Herselman	02.28.52	1	
	81	58	576	VWL	Kathleen Mckenzie	02.29.31	1	
	82	59	515	VWL	Elena Coetzee	02.30.58	1	
	83	60	610	VWL	Susan Danner	02.31.57	1	
	84	61	547	VWL	Judith Stride	02.32.12	1	
	85	62	416	VWL	Linda Holland	02.32.30	1	
	86	63	538	VWL	Elmie Van Staden	02.33.21	1	
	87	24	400	SWL	Mandy Mackridge	02.34.20	1	
	88	25	478	SWL	Tanya Ludik	02.34.46	1	
	89	64	592	VWL	Helen May	02.34.52	1	
	90	65	565	VWL	Liesie Le Grange	02.35.07	1	
	91	26	426	SWL	Joanne Venter	02.35.12	1	
	92	27	477	SWL	Lee Corrigan	02.35.13	1	
	93	66	555	VWL	Yvette Kotze	02.37.26	1	
	94	67	530	VWL	Michelle Grove	02.37.29	1	
	95	68	525	VWL	Yvonne Gardiner	02.37.37	1	
	96	28	471	SWL	Erin Cronje	02.37.40	1	
	97	69	504	VWL	Belinda Kriel	02.38.53	1	
	98	29	457	SWL	Nicola Abrahams	02.38.55	1	
	99	30	460	SWL	Merle Rautenbach	02.38.57	1	
	100	70	508	VWL	Elaine De Wit	02.38.59	1	
	101	31	455	SWL	Michele Kohne	02.39.25	1	
	102	32	439	SWL	Candice Hobday	02.39.33	1	
	103	33	612	SWL	Chanelle Visser	02.39.50	1	
	104	34	450	SWL	Amy De Bruin	02.39.51	1	
	105	35	415	SWL	Izel Geyser	02.40.29	1	
	106	71	595	VWL	Catharina Ludik	02.40.37	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
	107	72	534	VWL	Louise Davies	02.40.42	1	
	108	73	533	VWL	Bev Mckenna	02.40.45	1	
	109	74	580	VWL	Jacqui Barnhoorn	02.40.46	1	
	110	75	577	VWL	Bridgit Clemmow	02.40.49	1	
	111	76	573	VWL	Emely Van Heesch-Smith	02.41.01	1	
	112	77	500	VWL	Tina Mcgowan	02.41.25	1	
	113	78	495	VWL	Sonja Branco	02.41.26	1	
	114	79	507	VWL	Elaine Putter	02.41.38	1	
	115	80	552	VWL	Trudie Reid	02.41.51	1	
	116	81	409	VWL	Liesl Cloete	02.42.02	1	
	117	82	598	VWL	Martie Bouwer	02.42.05	1	
	118	36	449	SWL	Hayley Roux	02.43.03	1	
	119	83	590	VWL	Simone Newman	02.43.22	1	
	120	37	469	SWL	Annecke Boshoff	02.43.28	1	
	121	84	591	VWL	Christien Wiid	02.43.32	1	
	122	38	433	SWL	Samantha Walton	02.44.19	1	
	123	39	438	SWL	Nicole Leith	02.44.23	1	
	124	85	408	VWL	Denise Diesel	02.44.42	1	
	125	86	593	VWL	Sandra Pienaar	02.47.37	1	
	126	87	541	VWL	Sandra Herbst	02.47.50	1	
	127	88	568	VWL	Linda Stander	02.47.52	1	
	128	40	429	SWL	Leneldi Rowan	02.47.54	1	
	129	89	527	VWL	Karin Bezuidenhout	02.47.55	1	
	130	90	506	VWL	Charmaine Wright	02.47.57	1	
	131	41	430	SWL	Bianca Buys	02.48.17	1	
	132	91	604	VWL	Sonja Grobler	02.48.32	1	
	133	92	522	VWL	Tracey Proudfoot	02.50.13	1	
	134	42	423	SWL	Petro Groenewald	02.50.16	1	
	135	43	484	SWL	Michelle Lotter	02.50.17	1	
	136	93	600	VWL	Steph Detert	02.50.19	1	
	137	44	465	SWL	Nicolene Vorster	02.51.33	1	
	138	94	594	VWL	Miranda Strydom	02.54.22	1	
	139	45	476	SWL	Heidi Koegelenberg	02.54.37	1	
	140	46	459	SWL	Anria Kotze	02.54.41	1	
	141	47	480	SWL	Lisa Smulders	02.54.51	1	
	142	48	481	SWL	Annemarie Van Basten	03.04.01	1	
	143	49	483	SWL	Mariska Myburgh	03.04.03	1	
	144	50	413	SWL	Driana Zandberg	03.04.28	1	
	145	51	444	SWL	Marilize Henrion	03.07.28	1	
	146	52	468	SWL	Maylee Lubbe	03.08.19	1	
	147	95	584	VWL	Jackie Cairns	03.10.54	1	
	148	53	611	SWL	Kirsten Willis	03.10.56	1	
	149	54	473	SWL	Kirsty Galliard	03.10.59	1	
Category	All	Cat	No	Cat	Name	Time	Laps	Remarks
<b>Open Men 40km</b>	1	1	631	OML	Marc Francois	01.59.12	1	
	2	2	632	OML	Matthew Ward	02.15.27	1	
	3	3	639	OML	Patrick Rosenast	02.32.15	1	
	4	4	630	OML	Antonio Silva	02.34.18	1	
	5	5	633	OML	Willie Fourie	02.38.06	1	
	6	6	638	OML	Anton Kriel	02.38.51	1	
	7	7	637	OML	Frazer Ludik	02.40.39	1	
	8	8	635	OML	Jacques Le Roux	02.55.55	1	
	9	9	634	OML	Hein Gerber	02.55.58	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
Category	All	Cat	No	Cat	Name	Time	Laps	Remarks
ALL Women 25km	1	1	267	VWM	Penelope Diez	01.20.38	1	
	2	1	421	OWM	Mary Ogilvy	01.24.47	1	
	3	2	203	OWM	Chantelle Van Staden	01.26.20	1	
	4	2	348	VWM	Belinda O'Neil	01.28.01	1	
	5	3	271	VWM	Lize-Mari Kreusch	01.28.27	1	
	6	3	297	OWM	Toni Woollam	01.28.38	1	
	7	4	284	VWM	Victoria Webb	01.28.39	1	
	8	5	240	VWM	Carola Beretta	01.28.48	1	
	9	6	210	VWM	Ronell Marx	01.32.29	1	
	10	4	234	OWM	Tracey Jewson	01.32.35	1	
	11	5	201	OWM	Letshego Moshoeu	01.33.11	1	
	12	6	313	OWM	Gabriella Von Ille	01.33.58	1	
	13	7	324	OWM	Colleen Meissner	01.35.15	1	
	14	7	316	VWM	Betsie Gouws	01.35.18	1	
	15	8	518	VWM	Merle Cass	01.36.46	1	
	16	8	329	OWM	Elize Berrington	01.37.01	1	
	17	9	241	OWM	Yolande Visagie	01.37.18	1	
	18	9	223	VWM	Alta Smit	01.39.38	1	
	19	10	222	VWM	Rialda De Wet	01.39.41	1	
	20	10	300	OWM	Linda Watson	01.40.50	1	
	21	11	202	OWM	Gemma Horne	01.41.24	1	
	22	11	254	VWM	Debbie Ruest	01.41.28	1	
	23	12	281	OWM	Carla Joynt	01.42.56	1	
	24	13	319	OWM	Lynette Berger	01.43.19	1	
	25	12	270	VWM	Adèle De Kock	01.43.27	1	
	26	13	253	VWM	Monica Potgieter	01.43.51	1	
	27	14	334	VWM	Ruth Smith	01.43.59	1	
	28	14	292	OWM	Daniela Hartmann	01.44.27	1	
	29	15	282	VWM	Louise Joynt	01.44.40	1	
	30	15	435	OWM	Mieke Meiring	01.45.24	1	
	31	16	357	OWM	Pamela Yirrell	01.46.10	1	
	32	16	238	VWM	Caren Diederiks	01.46.14	1	
	33	17	346	OWM	Renthia Bornman	01.46.21	1	
	34	17	278	VWM	Leana Basson	01.46.52	1	
	35	18	279	OWM	Johlene Robertson	01.46.53	1	
	36	18	269	VWM	Fransma Scheepers	01.47.11	1	
	37	19	212	VWM	Hanneli Van Graan	01.47.13	1	
	38	20	239	VWM	Audrey Mcmillan	01.47.14	1	
	39	21	258	VWM	Marianne Wright	01.47.21	1	
	40	22	283	VWM	Jill Brits	01.47.25	1	
	41	23	304	VWM	Tracey Reynolds	01.47.26	1	
	42	24	308	VWM	Sharon Spiller	01.47.27	1	
	43	19	463	OWM	Mandi Sclanders	01.47.47	1	
	44	25	562	VWM	Michele Farmer	01.47.50	1	
	45	20	206	OWM	Zhanna Myadiyeva	01.47.58	1	
	46	26	574	VWM	Lynne Roe	01.48.03	1	
	47	21	245	OWM	Chelsea Eustice	01.48.17	1	
	48	27	221	VWM	Linda Wagenaar	01.48.21	1	
	49	28	309	VWM	Karen Stransky	01.48.31	1	
	50	29	215	VWM	Kerry Whyte	01.49.32	1	
	51	22	209	OWM	Tamarin Simpson	01.49.36	1	
	52	30	211	VWM	Letitia Botha	01.49.39	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
	53	31	214	VWM	Christine Chambers	01.49.42	1	
	54	23	286	OWM	Attel Van Der Merwe	01.50.50	1	
	55	24	275	OWM	Rache Auckland	01.51.15	1	
	56	32	489	VWM	Ingrid Chadwick	01.51.51	1	
	57	33	208	VWM	Jo Goode	01.53.05	1	
	58	34	293	VWM	Helen Pemberton	01.53.24	1	
	59	35	264	VWM	Giulia Leslie	01.53.25	1	
	60	25	306	OWM	Myriah Robertson	01.53.27	1	
	61	26	307	OWM	Stacey Coetzee	01.53.28	1	
	62	36	344	VWM	Shenaye Hennessy	01.53.30	1	
	63	37	531	VWM	Sharon Van Aswegen	01.53.32	1	
	64	38	353	VWM	Lynnette Morris	01.53.40	1	
	65	27	330	OWM	Jessica Fritz	01.53.48	1	
	66	39	216	VWM	Naomi Brett	01.54.12	1	
	67	28	299	OWM	Megan Styles	01.54.13	1	
	68	29	224	OWM	Lindsey Styles	01.54.15	1	
	69	30	274	OWM	Wendy Huggins	01.54.33	1	
	70	31	246	OWM	Shirley Hadary	01.54.36	1	
	71	32	343	OWM	Carys Rhodes	01.56.16	1	
	72	40	347	VWM	Ricky Miller	01.56.19	1	
	73	41	532	VWM	Fern Van De Pol	01.57.04	1	
	74	42	349	VWM	Kerry Moir	01.57.55	1	
	75	33	219	OWM	Kath Meyer	01.57.56	1	
	76	34	298	OWM	Tarryn Holmes	01.58.13	1	
	77	43	265	VWM	Tracy De Beer	01.59.52	1	
	78	35	332	OWM	Alex Picard	01.59.54	1	
	79	36	454	OWM	Alex Schluep	02.00.24	1	
	80	37	276	OWM	Bronwyn Holmes	02.00.27	1	
	81	44	345	VWM	Lucy Price	02.00.34	1	
	82	38	328	OWM	Erna Terblanche	02.01.11	1	
	83	39	277	OWM	Pauline Wasowicz	02.01.22	1	
	84	40	236	OWM	Michelle Da Camara	02.01.23	1	
	85	45	288	VWM	Sebella O'Donovan	02.01.28	1	
	86	41	231	OWM	Qumi Pohl	02.01.50	1	
	87	46	341	VWM	Maria Lafferty	02.02.00	1	
	88	42	337	OWM	Marialda Metz	02.03.11	1	
	89	47	217	VWM	Candice Cotton	02.03.13	1	
	90	43	291	OWM	Miché De Beer	02.03.36	1	
	91	44	336	OWM	Carin Barnard	02.03.49	1	
	92	48	259	VWM	Lienkie Venter	02.03.56	1	
	93	49	268	VWM	Karen James	02.04.10	1	
	94	50	248	VWM	Michelle Eatwell	02.04.12	1	
	95	51	318	VWM	May Masterson	02.04.16	1	
	96	52	321	VWM	Candice Doyle	02.04.34	1	
	97	45	342	OWM	Anel De Bruyn	02.04.53	1	
	98	46	302	OWM	Marelize Oosthuizen	02.05.20	1	
	99	47	338	OWM	Marika Du Plessis	02.05.37	1	
	100	53	228	VWM	Monde Süßmann	02.05.44	1	
	101	54	263	VWM	Winnie Cochrane	02.06.55	1	
	102	48	205	OWM	Tamara Bell	02.08.15	1	
	103	55	260	VWM	Debbie Semple	02.09.04	1	
	104	49	247	OWM	Zinhle Rakhomo	02.10.40	1	
	105	56	243	VWM	Glenda Victor	02.10.42	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
	106	57	252	VWM	Reza Day	02.11.20	1	
	107	58	331	VWM	Antoinette Morris	02.12.10	1	
	108	59	355	VWM	Vale James	02.12.13	1	
	109	60	356	VWM	Moeanie Wolmwans	02.12.16	1	
	110	61	251	VWM	Tracey Krog	02.12.20	1	
	111	62	290	VWM	Petra Middleton	02.12.33	1	
	112	50	237	OWM	Claire Dellerba	02.12.55	1	
	113	51	289	OWM	Angela Boulle	02.16.52	1	
	114	52	327	OWM	Gina De Oliveira	02.16.55	1	
	115	53	424	OWM	Desiree Lester	02.17.01	1	
	116	54	475	OWM	Zelda Smook	02.17.04	1	
	117	63	227	VWM	Jannette Van Der Merwe	02.17.40	1	
	118	64	354	VWM	Saskia Goldberg	02.17.44	1	
	119	55	294	OWM	Catharine Atkins	02.17.54	1	
	120	65	523	VWM	Lynda Bomyer	02.19.05	1	
	121	66	232	VWM	Tanya Krige	02.19.12	1	
	122	56	295	OWM	Salome Schonken	02.19.36	1	
	123	67	255	VWM	Paula Croeser	02.20.05	1	
	124	68	204	VWM	Jaconette Van Staden	02.20.58	1	
	125	69	303	VWM	Barbara Pretorius	02.20.59	1	
	126	57	340	OWM	Melanie Van Staden	02.23.46	1	
	127	70	301	VWM	Lara Stofberg	02.26.28	1	
	128	71	351	VWM	Rene Miles	02.31.23	1	
	129	72	220	VWM	Marelize Swanepoel	02.31.25	1	
	130	73	225	VWM	Lorna Kurz	02.31.40	1	
	131	58	326	OWM	Bridgid Thomas	02.31.43	1	
	132	74	314	VWM	Annemarie Kleynhans	02.34.14	1	
	133	75	587	VWM	Nadine Austin	02.36.43	1	
	134	76	322	VWM	Christine Bergstedt	02.41.11	1	
	135	77	310	VWM	Sandra Fagelund-Gjersoe	02.41.42	1	
	136	78	242	VWM	Annie Baptiste	02.42.07	1	
	137	79	200	VWM	Verna De Jager	02.42.37	1	
	138	59	339	OWM	Marista De Villiers	02.42.43	1	
	139	60	320	OWM	Tammy Richmond	02.43.57	1	
	140	80	325	VWM	Lucy Price	02.43.59	1	
	141	81	335	VWM	Sue Duke-Norris	02.46.24	1	
	142	61	119	OWM	Jennifer Edelman	02.47.18	1	
	143	62	250	OWM	Gina Duke-Norris	02.49.54	1	
Category	All	Cat	No	Cat	Name	Time	Laps	Remarks
<b>Open Men 25km</b>	1	1	644	OMM	Reinier Van Heel	01.19.02	1	
	2	2	642	OMM	Phillip Mosimanyane	01.19.50	1	
	3	3	643	OMM	Steve Wright	01.32.22	1	
	4	4	441	OMM	Andre Roodt	01.53.19	1	
	5	5	641	OMM	Wayne Croeser	02.05.10	1	
	6	6	636	OMM	Anton Steiner	02.09.45	1	
Category	All	Cat	No	Cat	Name	Time	Laps	Remarks
<b>Fun Women 15km</b>	1	1	107	FW	Emma Mulcahy	00.54.10	1	
	2	2	103	FW	Liezl Huxham	00.58.01	1	
	3	3	116	FW	Cathleen Va	01.01.20	1	
	4	4	137	FW	Fionna Quinn	01.03.07	1	
	5	5	101	FW	Amanda Wegner	01.03.08	1	
	6	6	115	FW	Hildegard Barnard	01.07.10	1	
	7	7	120	FW	Cindy Maddern	01.07.22	1	

Group or Category	Pos in		Rider Details			Final Results		
	All	Cat	No	Cat	Name	Time	Laps	Remarks
	8	8	113	FW	Amanda De Wit	01.08.50	1	
	9	9	106	FW	Charlene Meadway	01.10.15	1	
	10	10	142	FW	Erin Jane Kirsten	01.11.42	1	
	11	11	105	FW	Gerlanda Pretorius	01.16.00	1	
	12	12	134	FW	Rene Maritz	01.16.05	1	
	13	13	125	FW	Elmarie Kotzee	01.19.11	1	
	14	14	141	FW	Kerry Oilto	01.19.17	1	
	15	15	140	FW	Tracy Cabrita	01.19.22	1	
	16	16	150	FW	Cassidy Barwell	01.24.12	1	
	17	17	123	FW	Shirley Trollope	01.24.47	1	
	18	18	124	FW	Jenny Bester	01.25.01	1	
	19	19	132	FW	Karina Ruest	01.27.51	1	
	20	20	135	FW	Rose Cooke	01.27.52	1	
	21	21	112	FW	Karien Robbertse	01.29.15	1	
	22	22	130	FW	Nicolene Hitge	01.30.35	1	
	23	23	109	FW	Trudi Nieuwoudt	01.31.45	1	
	24	24	149	FW	Sam Barwell	01.32.39	1	
	25	25	126	FW	Corne Van Schalkwyk	01.32.43	1	
	26	26	305	FW	Kathy Conte	01.32.55	1	
	27	27	311	FW	Fatima Santa Clara	01.37.05	1	
	28	28	100	FW	Annemarie Andrag	01.38.13	1	
	29	29	111	FW	Celmari Dorfling	01.38.15	1	
	30	30	127	FW	Chantal Van Antwerpen	01.42.03	1	
	31	31	136	FW	Lana Jacobs	01.42.26	1	
	32	32	102	FW	Yvette Woodhead	01.42.59	1	
	33	33	122	FW	Rozwyn Sawyer	01.43.31	1	
	34	34	117	FW	Vanessa Steyn	01.46.05	1	
	35	35	118	FW	Kivani Moodley	01.53.35	1	